

Important Trees and Shrubs in the Food Chain During Colonial Times

1. American Chestnut – nuts
2. Apple – fruit
3. American Beech – fruit
4. Pepperidge Tree (Black Tupelo) – fruit
5. Shadbush – fruit
6. Hawthorn – fruit
7. Wild Plum – fruit
8. Black Cherry – fruit
9. Choke Cherry – fruit
10. Elderberry – fruit
11. Hobblebush –fruit
12. Mountain Ash – fruit
13. Butternut – nuts
14. Pignut (Smooth bark Hickory) – nuts
15. Shagbark Hickory – nuts
16. Hazelnut – nuts
17. White Oak – nuts
18. Red Oak – nuts
19. Black Locust – fruit (cooked with meat)
20. Staghorn Sumac – fruit
21. New Jersey Tea – leaves
22. Hemlock – leaves
23. Black Alder – leaves
24. Sugar Maple – sap
25. High-Bush Cranberry – fruit
26. High-Bush Blueberry – fruit
27. European Barberry - fruit